benedicts

served on a toasted english muffin and homefries (substitute home fries with fresh fruit, grits or sliced tomato)

Traditional Eggs Benedict \$15.50

poached eggs, canadian bacon, hollandaise sauce

SIGNATURE Crab Benedict \$19

poached eggs, crabcake, hollandaise sauce

Avocado Benedict \$16.50

poached eggs, avocado, bacon, hollandaise sauce

Filet Mignon Benedict \$18.50

poached eggs, char grilled filet mignon, hollandaise sauce

breakfast specialties

(substitute home fries with fresh fruit, grits or sliced tomato)

Baked Crabcake(1) & Eggs \$23

2 eggs (any style), homefries and toast (sub egg whites \$1)

NEW! Fried Grouper and Eggs \$23

2 eggs (any style), homefries and toast (sub egg whites \$1)

Cream Chipped Beef \$12

served over toast and homefries

Sausage Gravy Biscuits \$12

served over biscuits and homefries

SIGNATURE N.Y. Strip and Eggs \$26

2 eggs(any style), homefries and toast(sub egg whites \$1)

Avocado Toast \$15.50

smashed avocado on whole grain toast, fresh fruit served with 2 eggs any style (sub egg whites \$1)

SIGNATURE Baked Filet Of Salmon and Eggs \$26

2 eggs (any style), homefries and toast (sub egg whites \$1)

NEW! Shrimp and Grits \$18

cajun shrimp, grilled onion and peppers, cheddar cheese served over grits (complete)

skillets SIGNATURE

2 eggs over easy or scrambled topped with cheese served over a bed of potatoes with your choice of toast. (Sub egg whites \$1) (no substitutions)

NEW! Steak Skillet \$18,50

grilled steak, peppers, onions, tomato, cheddar cheese and bourbon sauce

Vegetable Skillet \$15.50

onion, peppers, mushrooms, broccoli, spinach, fresh mozzarella cheese

Meat Skillet \$16.50

ham, bacon, sausage, onions, peppers, american cheese

NEW! Turkey Skillet \$17.50

turkey bacon, turkey sausage onions peppers american cheese

Mexican Skillet \$18

chorizo sausage, onion, jalapenos, salsa, cheddar cheese, side guacamole

Avocado Skillet \$17.50

grilled chicken, avocado, tomato, cheddar cheese

eggs (sub egg whites \$1) Substitute home fries with fresh fruit, grits or sliced tomato

Two eggs (any style) served with homefries and toast \$10

Three eggs (any style) served with homefries and toast \$11.50

breakfast sides

Pork Bacon \$4, Pork Sausage Links \$4, Scrapple \$4, Turkey Bacon \$4.5, Turkey Sausage Patties \$4.5, Canadian Bacon \$4.5, Chorizo Sausage \$5.5, Home Fries \$4.5, Avocado \$5, Side Grits \$4.5, Fresh Fruit \$5, Side of Toast \$4, Toasted Bagel \$4

grilled entrees

served with soup or salad(house, greek, caesar) and two vegetables

NEW! Baked Grecian Chicken \$22 half chicken seasoned with Greek

spices baked with olive oil and lemon

Grilled Chicken Breast \$22 seasoned and grilled

Chopped Beef Steak \$21 grilled mushroom, beef gravy

Grilled Pork Chops \$23 seasoned and grilled

Greek Style Lamb Chops \$31 seasoned with salt, pepper, fresh oregano and fresh lemon

SIGNATURE Chicken

served over rice

peppers, mushrooms

Shish Kabob \$22 (complete) chunks of chicken with fresh vegetables on a skewer grilled

Cowboy Flank Steak \$24

topped with grilled onions,

SIGNATURE Filet Mignon

Shish Kabob \$25 (complete) chunks of fillet mignon with fresh vegetables on a skewer grilled served over rice

favorite entrees served with soup or salad(house, greek, caesar) and two vegetables

Roast Turkey \$21

in house roasted turkey breast served with stuffing, cranberry sauce and turkey gravy

NEW! BBQ Brisket of Beef \$22

cooked in house, fork tender served with barbecue sauce

SIGNATURE Mile High Meatloaf \$21

homemade meatloaf with grilled onions, peppers, mushrooms served over mashed potatoes with beef gravy topped with fried onion strings (complete)

SIGNATURE Chicken Croquettes \$18.50

all white meat croquettes golden brown served over mash potato and turkey gravy, cranberry sauce

italian entrees served with soup or salad(house, greek, caesar)

NEW! Blackened Broccoli & Penne Alfredo

blackened broccoli in four cheese alfredo sauce

Blackened Chicken \$22 Blackened Shrimp \$23 Blackened Salmon \$27

Chicken Parmesan \$22

breaded chicken cutlets, marinara sauce, provolone cheese served with spaghetti

NEW! Spaghetti Meditteranean

sauteed garlic, tomato, olives, mushrooms, feta cheese in a white wine tomato sauce Chicken \$22 Shrimp \$23 Salmon \$27

NEW! Penne Primavera \$22

sauteed zuchini, tomato, garlic, scallions, mushroom, fresh spinach in a white wine sauce Chicken \$22 Shrimp \$23 Salmon \$27

baked seafood

served with soup or salad(house, greek, caesar) and two vegetables seasoned with salt, peppers, fresh thyme, olive oil, lemon

Jumbo Shrimp \$23 | Filet of Salmon \$27 | Filet of Cod \$24

NEW! Filet of Grouper \$27

fried seafood

served with soup or salad(house, greek, caesar) and two vegetables golden brown with lemon wedge, cocktail or tartar sauce

Jumbo Shrimp \$23

Fish and Chips \$24 (complete)

NEW! Filet of Grouper \$27

beer battered cod served with french fries, cole slaw, onion rings

homemade crab cakes

Served with soup or salad(house, greek, caesar) and two vegetables topped with lobster sauce

NEW! Baked Stuffed Chicken \$27

baked stuffed chicken with crabmeat

SIGNATURE Homemade Jumbo Lump Crab Cakes \$32

baked, topped with lobster sauce

SIGNATURE Stuffed Salmon \$34

baked fillet of salmon stuffed with our crabmeat

NEW! Stuffed Grouper \$34

baked fillet of grouper stuffed with crabmeat

garlic smashed potato, baked potato, loaded baked potato (bacon and cheddar + \$2) baked sweet potato, loaded sweet potato (marshmallow + 2), corn, string beans, broccoli, roasted mixed veggies, apple sauce, cole slaw, seasoned beets, rice pilaf, french fries, onion rings +2

beverages

coffee

Endless cup of regular coffee \$3.50 Endless cup of decaf coffee \$3.50 Endless glass of Iced Coffee \$4.50

Endless cup of hot tea or herbal tea \$3.50 Endless glass of freshly brewed iced tea \$4.50 **NEW!** Endless glass of freshly brewed sweet tea \$5

hot chocolate

Hot chocolate with marshmallows & whipped cream \$4.50

squeezed

Freshly squeezed orange juice 12oz \$5 Freshly squeezed grapefruit juice 12oz \$5 Freshly squeezed lemonade (free refills) \$6 Freshly squeezed strawberry lemonade (free refills) \$7 **NEW!** Freshly squeezed blueberry lemonade (free refills) \$7

iuice

Apple juice 12oz \$3.50 Cranberry juice 12oz \$3.50 Pineapple juice 12oz \$3.50

milk

Regular milk 12oz \$3.50 Chocolate milk 12oz \$3.50

soda (free refills) \$4.50

Pepsi, Diet Pepsi, Starry, Gingerale, Sobe Life Water, Rootbeer, Sugar Free Pepsi

Arnold Palmer (free refills) \$6 ice tea and freshly squeezed lemonade

Shirley Temple (free refills) \$5 lemon lime soda, grenadine

water

Bottle of spring water \$4 Bottle of sparkling mineral water \$5.50

shakes and smoothies

almond milk blended with ice

pieces of brownie, chocolate syrup

with root beer

NEW! Cinnabun Milkshake \$11 vanilla ice cream, pieces of cinnamon bun, caramel sauce

Strawberry Banana Smoothie \$8.75 strawberries, banana, blended

Wild Berry Smoothie \$8.75 strawberries, blueberries, banana, freshly squeezed orange juice, blended with ice

NEW! Berry Frozen Lemonade \$8.75 strawberries, blueberries, fresh squeezed lemonade blended with ice

NEW! Pineapple Berry Smoothie \$8.75 pineapples, blueberries, strawberries, pineapple juice, blended with ice

Banana Peanut Butter Smoothie \$8.75 banana, honey, peanut butter,

SIGNATURE PB&J Milkshake \$10 vanilla ice cream, peanut butter, strawberries & blueberries

Traditional Thick Milkshake \$9 choice of vanilla, chocolate, strawberry or black and white

Oreo Milkshake \$10 vanilla ice cream, oreo cookies, chocolate syrup

M&M Milkshake \$10 chocolate ice cream, M&M's, chocolate syrup **NEW!** Brownie Banana Milkshake \$11 vanilla ice cream, banana,

Root Beer Float \$8.75 vanilla or chocolate ice cream topped

3228 KIRKWOOD HWY. **WILMINGTON, DE 19808** 302-647-6593

take-out menu

urban kitchen let's eat

3228 KIRKWOOD HWY, **WILMINGTON, DE 19808** 302-647-6593

breakfast 8am-3pm lunch served 11am-9pm dinner served 3:30pm-9pm

hours

monday closed tuesday - saturday 8am-9pm **sunday** 8am-4pm

Any additions to your order will incur an extra charge.

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family dinners for 2 people

Char Grilled Chicken Breast	\$32
Meatloaf with mushrooms & gravy	\$32
Chicken Croquettes	\$32
NEW BBQ Beef Brisket	\$36
Roast Turkey	\$32
Baked Crab Cakes	\$45
NEW Baked Grecian Chicken	\$32
Baked Salmon	\$45

Served with:

1 shareable salad (garden, greek or caesar)

2 shareable sides

garlic smashed potato, rice pilaf, french fries, baked potato, loaded baked potato(bacon and cheddar + \$2), baked sweet potato, loaded sweet potato(marshmallows + 2), corn, string beans, broccoli, roasted mixed veggies, applesauce, coleslaw, seasoned beets, onion rings for +\$2

1 shareable dessert (chocolate cake, carrot cake or brownie)

NEW! Blackened Broccoli & Penne Alfredo

blackened broccoli in four cheese alfredo sauce

Blackened Chicken \$32 Blackened Shrimp \$35 Blackened Salmon \$45

Chicken Parmesan \$32

breaded chicken cutlets, marinara sauce, provolone cheese served with spaghetti

NEW! Spaghetti Meditteranean

sauteed garlic, tomato, olives, mushrooms, feta cheese in a white wine tomato sauce

Chicken \$32 Shrimp \$35 Salmon \$45

NEW! Penne Primavera \$22

sauteed zuchini, tomato, garlic, scallions, mushroom, fresh spinach in a white wine sauce Chicken \$32 Shrimp \$35 Salmon \$45

Served with:

1 shareable salad (garden, greek or caesar)

1 shareable dessert (chocolate cake, carrot cake or brownie)



Strawberry Cheesecake \$11

New York cheesecake topped with fresh strawberries

Seasonal Pies \$7.50 | a la mode \$9.50

NEW! Cinnabon Sundae \$10

vanilla ice cream, nuts, caramel topped with whipped cream

NEW! Brownie Sundae \$10

warm brownie, vanilla ice cream, chocolate syrup topped with whipped cream

Bowl of Ice Cream \$6.50

choice of vanilla or chocolate topped with whipped cream

Make it a Sundae \$9

Chocolate Fudge Cake \$9

layers of rich chocolate cake and fudge frosting

Carrot Cake \$9

moist layers of carrot cake and cream cheese frosting

New York Cheesecake \$10

traditional creamy New York cheesecake

from the ariddle

served with warm syrup and whipped butter **Buttermilk Pancakes** Single \$6 Two \$8 **Blueberry Pancakes** Single \$6 Two \$8 **Chocolate Chip Pancakes** Single \$6 Two \$8 **Banana Walnut Pancakes** Single \$7 Two \$9

Belgium Waffle \$8

Cinnamon French Toast

Toppings: Strawberries \$3, Blueberries \$3, Bananas \$3, Walnuts \$3, Chocolate Chips \$2, Marshmallow \$2, Sweet Cream Cheese \$2, Oreos \$2, M&M's \$2

Sinale \$7

Two \$9

SIGNATURE Sweet Cream Cheese Stuffed French Toast \$16,75

2 french toast stuffed with strawberries, blueberries, bananas, walnuts, sweet cream cheese

Chicken and Waffles \$17.75

belgium waffle, hand breaded chicken tenders, warm syrup, butter

urban kitchen big breakfast SIGNATURE

choice of pancakes, meat, two eggs(any style) and homefries (no substitutions)

Buttermilk Pancakes (2)\$17.50

Blueberry Pancakes(2) \$17.50

Cinnamon French Toast(2) \$18.50

Banana Walnut Pancakes(2) \$18.50

Belgium Waffle \$17.50

Choice of 1 meat: Pork Bacon, PorkSausage Links, Scrapple, Turkey Bacon \$1, Canadian Bacon \$1, Turkey Sausage Patti \$1

Toppings Strawberries \$3, Blueberries \$3, Bananas \$3, Walnuts \$3, Chocolate Chips \$2, Marshmallow \$2, Sweet Cream Cheese \$2, Oreos \$2, M&M's \$2

make vour own omelette

made with 3 eggs, homefries and toast (Sub egg whites \$1) substitute home fries with fresh fruit, grits or sliced tomato

Egg Omelette \$10.75

Meats: sausage \$2, bacon \$2, ham \$2, turkey bacon \$3, chorizo sausage \$3, turkey \$3, gyro meat \$4, chicken breast \$4, turkey sausage \$3

Vegetables: onion \$1, green peppers \$1, broccoli \$2, spinach \$2, avocado \$4, mushrooms \$2, tomato \$1, roasted peppers \$2, olives \$1, jalapenos \$2, salsa \$1

Cheese: american cheese \$2, swiss cheese \$2, provolone cheese \$2, feta cheese \$3, cheddar cheese \$2, fresh mozzarella \$3

breakfast sandwiches

served with homefries(substitute home fries with fresh fruit, grits or sliced tomato) eggs are prepared fried(sub egg whites \$1) Gluten Free roll available.

Egg and Cheese Sandwich \$11

Choice of 1 meat: Pork Bacon \$2, Pork Sausage \$2, Scrapple \$2, Turkey Bacon \$3, Canadian Bacon \$3, Turkey Sausage \$3, Chorizo Sausage \$3, Grilled Chicken \$3

Avocado Breakfast B.L.T Wrap \$16.50

egg, guacamole, bacon, lettuce, tomato, cheddar cheese, wrap

SIGNATURE Brunch Burger \$16.50

egg, double patty burger, bacon, american cheese, brioche roll

Breakfast Quesadilla \$17.50

egg, grilled onion, grilled peppers, tomato, chorizo sausage, cheddar cheese, grilled tortilla served with salsa, guacamole and sour cream

bowls

Greek Yogurt Bowl \$12.50

topped with granola, honey, strawberries, blueberries & bananas

Steel Cut Oatmeal* \$11

topped with strawberries, blueberries & bananas served with brown sugar *served until 11am

appetizers

Jumbo Wings(10) \$17

choice of buffalo or honey barbeque served with celery and carrot sticks

Boneless Chicken Wings \$15 choice of buffalo or honey barbeque served with celery and carrot sticks

SIGNATURE Baked Stuffed **Mushrooms with Crabmeat \$19.50** served with lemon butter sauce

SIGNATURE Bang Bang Shrimp \$16 tossed in our chipotle sauce served

SIGNATURE Cheesesteak Egg Rolls \$15

over slaw

soups

melted cheese

made in-house, served with sriracha ketchup

NEW! Fried Mozzarella

Triangles \$13

served with marinara sauce

Fried Calamari \$16

served with marinara sauce and lemon wedges

Hand Breaded Chicken Tenders \$15

served with choice of sauce

Nachos \$15

tortilla chips, jalapenos, tomatoes, scallions, cheese, salsa, guacamole, sour cream

choice of: chili, grilled steak or chicken

SIGNATURE Urban

French Fries \$10

crispy french fries topped with bacon and melted cheddar cheese

Walnut Apple Salad \$12.50

cucumber, red onion, olives

cheese, red onion, olives

Cobb Salad \$12.50

fresh spinach, apple, walnuts,

crumbled blue cheese, tomato,

fresh spinach, avocado, bacon, egg,

fresh arugula, roasted peppers, fresh

red onion, olives, seasoned beets

tomato, cucumber, crumbled bleu

Mediterranean Salad \$12.50

Crock of French Onion \$8.50 with herb crouton and topped with

Bowl Soup of the Day \$5.50

Bowl of Fresh Chili \$8,50

topped with onion and cheddar cheese

salads

SIGNATURE Greek Salad \$12.50 romaine lettuce, tomato, cucumber, red onion, olives, feta cheese,

grape leaves, egg, greek dressing Caesar Salad \$11.50 romaine lettuce, herb croutons, parmesan cheese, tossed in caesar

B.L.T Salad \$12.50

dressing

mixed greens, bacon, cheddar cheese, tomato, cucumber, red onion,

mozzarella, tomato, cucumber, olives, egg

Protein Toppings: Grilled Chicken \$8, Grilled Shrimp \$10, Salmon \$12, Crab Cake \$12, Crispy Chicken \$8, Gyro Meat \$8, Flank Steak \$10, Buffalo Chicken \$8, Blackened Chicken \$8

Dressings: greek, balsamic vinaigrette, blue cheese, ranch, caesar, russian, honey mustard, lemon vinaigrette, fat free raspberry vinaigrette

quesadillas

grilled jalapenos, onions, tomato, cheddar cheese, grilled tortilla served with salsa, guacamole, sour cream

Grilled Chicken Quesadilla \$16

NEW! Vegetable Quesadilla \$16 broccoli, spinach, mushroom, zucchini

Sliced Steak Quesadilla \$17

SIGNATURE Bang Bang Shrimp Quesadilla \$19 breaded shrimp with chipotle sauce

panini sandwiches

served on pressed ciabatta bread, side of pickle, choice of french fries, cole slaw, fruit, sweet potato fries \$1, onion rings \$2, side salad or soup \$3

Chicken Caprese \$16 grilled chicken, spinach, fresh mozzarella, tomato, pesto

Turkey Avocado \$16 turkey, bacon, avocado, crumbled blue cheese, chipotle sauce

NEW! Cheesesteak Panini \$17 cheesesteak, fried onions and peppers with American cheese

burgers

grilled double patty burger ground in our kitchen, lettuce, tomato side pickle, served on a brioche roll choice of french fries, coleslaw, fruit, sweet potato fries \$1, onion rings \$2, side salad or soup \$3. Gluten Free roll available.

American Burger \$17

bacon, fried onion strings, american cheese

Mushroom Burger \$17

sauteed mushrooms and onions, swiss cheese

Traditional Cheese Burger \$15

NEW! Blackened Bourbon Burger \$17

seasoned with blackened spices and topped with crumbled bleu cheese, fried onions and Bourbon sauce

chicken sandwiches

grilled marinated chicken breast lettuce, tomato, side pickle served on a brioche roll choice of french fries, coleslaw, fruit, sweet potato fries \$1, onion rings \$2, side salad or soup \$3. Gluten Free roll available.

Buffalo Chicken \$16

crispy chicken tossed in buffalo sauce with side of blue cheese dressing

BBQ Chicken \$17 bacon, BBQ, cheddar cheese, fried onion strings

sauteed mushrooms and onions, provolone, balsamic glaze

French Onion Chicken \$17

NEW! Blackened Chicken \$16 seasoned with blackened spices and topped with cheddar cheese

specialty sandwiches

choice of french fries, coleslaw, fruit, sweet potato fries \$1, onion rings \$2, side salad or soup \$3. Gluten Free roll available.

SIGNATURE Crab Cake Sandwich \$22 baked, served on a brioche bun with lettuce and tomato topped with lobster sauce

SIGNATURE Classic Reuben \$18 choice of corn beef or pastrami on grilled rye with swiss cheese, sauerkraut, russian dressing, side pickle

B.L.T Sandwich \$14 bacon, lettuce, tomato, mayo, choice of bread

Open Face Turkey Sandwich \$17 sliced turkey breast served on bread with stuffing and topped with turkey gravy, cranberry sauce

Turkey Club \$17 roast turkey, lettuce, tomato, bacon, mayo, choice of bread

NEW! Grouper Sandwich \$19 fried served on a brioche roll with lettuce and tomato, chipotle sauce, side pickle

French Dip \$17 tender beef brisket, swiss cheese served with au jus on ciabatta, side pickle

Grilled Four Cheese Sandwich \$15

grilled white bread with american, provolone, cheddar, swiss cheese Add tomato \$1, bacon \$2, turkey bacon \$3

choice of chicken breast or lamb slices, tomato, onion, tzatziki sauce on pita bread, side pickle

NEW! Turkey Burger \$17 lettuce, tomato on a brioche roll

NEW! Blackened Chicken Caesar Wrap \$16 blackened chicken, romain lettuce, shredded cheese, croutons, caesar dressing